



Intention to Leadership Habit

My Leadership Intention is to ...

My current Leadership habits are ...

(e.g. I communicate the days priorities, I take time to check in on my team)

** Once you have captured your habits mark a + or - to denote if they will serve you well to achieve your Leadership Intention*

Implementing my Habits:

I will (BEHAVIOUR) at (TIME) in (LOCATION)

Habit Stacking:

After (CURRENT HABIT), I will (NEW HABIT)